

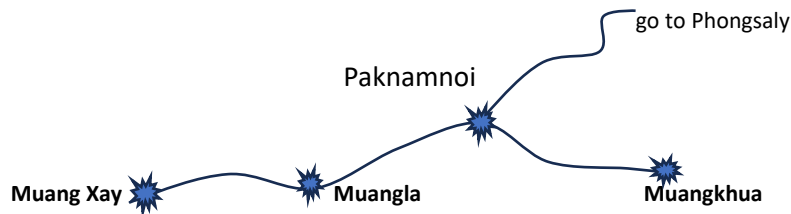
List of 2,3,4,5,6 days trekking to explore Akha, Khmu and Thaidam Ethnic/minority Remote villages in Muang Khua (Khua District), South of Phongsaly Province, Northern Laos, South of Asia. (Note: Book in advance at least 2-3 days)

| No | Trekking duration   | Trek: code No         | Details   |
|----|---|-----------------------|---|
| 1  | A 2-day hiking/trekking to visit Akha, khmu and Thaidam Tribes                            | Code:<br>M. Khua20001 | A 2-day hiking/trekking to visit Akha, Khmu and Thai Dam ethnics in Muang Khua, Northern Laos, South of Asia  |
| 2  | 2-day hiking/trekking to explore Khmu, Akha Cherpia and Akha Loma Tribes Remote Villages  | Code: M.<br>Khua2002  | 2-day hiking/trekking to explore Khmu, Akha Cherpia and Akha Loma Tribes Remote Villages in Muang Khua, South of Phongsaly Province, Northern Laos, South of Asia |
| 3  | A 3-day hiking tour to visit Akha, Khmu and Thai Dam ethnics                              | Code:<br>M. Khua30001 | A 3-day hiking tour to visit Akha, Khmu and Thai Dam ethnics in Muang Khua, Northern Laos, South of Asia  |
| 4  | A 3-day hiking/trekking to explore Akha, Khmu and Thai dam Ethnics                        | Code:<br>M. Khua30002 | A 3-day hiking to explore Akha, Khmu and Thaidam Ethnic groups in Muang Khua, Northern Laos, South of Asia  |
| 5  | Three days trekking to explore Akha Loma, Akha Cherpia and Khmu Ethnics                   | Code: M.<br>Khua30003 | Three days trekking to explore Akha Loma, Akha Cherpia and Khmu Ethnics in remote villages, Muangkhoa, Northern Laos.   |
| 6  | A 4-days/3-nights hiking/trekking to visit Akha and Thai Dam ethnics                      | Code:<br>M. Khua40001 | A 4-days/3-nights hiking to visit Akha and Thai Dam ethnics in Muang Khua, Northern Laos.   |
| 7  | 4 days/3 nights hiking/trekking to Akha and Khmu ethnics                                  | Code:<br>M. Khua40002 | 4 days/3 nights hiking to Akha Pala, Akha Loma and Khmu ethnic groups in Muang Khua, Northern Laos.   |
| 8  | A 4-day hiking/trekking to explore Akha and Khmu ethnics                                  | Code:<br>M. Khua40003 | A 4-day hiking to explore Akha and Khmu ethnic groups in Muang Khua.  |
| 9  | A 4 days trekking to explore Akha Loma, Akha Cherpia and Khmu Ethnics in remote villages. | Code: M.<br>Khua40004 | A 4 days trekking to explore Akha Loma, Akha Cherpia and Khmu Ethnics in remote villages in Muangkhoa, Northern Laos, South of Asia                               |

|    |   |                               |   |
|----|---|-------------------------------|---|
| 10 | <b>A 5 day-4-night trekking/hiking to explore Akha, Khmu and Thai dam Ethnics</b>     | <b>Code:<br/>M. Khua50001</b> | <b>A 5 day-4-night hiking to explore Akha, Khmu and Thai dam Ethnic groups in Muang Khua, Northern Laos, South of Asia</b>                    |
| 11 | <b>6 days and 5 nights trekking/hiking to explore Akha, Khmu and Thai dam Ethnics</b> | <b>Code:<br/>M. Khua60001</b> | <b>6 days and 5 nights hiking to explore Akha, Khmu and Thai dam Ethnic Groups in Muang Khua, Northern Laos, Northern Laos, South of Asia</b> |
| 12 |   |                               |   |

**A 2-day hiking/trekking to visit Akha, Khmu and Thai Dam ethnics in Muang Khua, Northern Laos.**

**Code: M. Khua20001**



**Day 1: Start from Paknamnoi – Xanghuay village (Khmu ethnic) – Sarpor Village (Akha Pala) and Chala Kao village (Akha Pala), (/\_/D).**

We meet and start from your guesthouse in Paknamnoi by a private car at 8:30 am and drive to the place where we start our hiking. Then we will walk to Xanghuay (Khmu ethnic), Sarpor (Akha Pala) and Chala Kao (Akha Pala) villages. Today, we will walk up to the top of mountain the village where we are going to spend overnight, it takes between 4-5 hours walk and we will get there in the evening. on the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.

- Have a picnic lunch on the trek with local food that is carried by your guide
- Have dinner: have local food with local family, Homestay: Spend overnight with local family

**Note:** we are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:00 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day 2: Chala Kao village (Akha Pala ethnic) – Nambone Tai village (Thai Dam ethnic), (B/L/\_).**

After exploring around the village and having breakfast in the morning, we keep hiking to Nambone Tai Village, walk to the place where the private car is and then take our private car back Paknamnoi. On the trek, you can see and enjoy the beautiful views and landscapes, we will walk up-down mountain (it takes around 4–5-hour walk). We will have lunch in Paknamnoi and end the tour there. After having lunch, you can catch up the public bus from Paknamnoi heading to place where you are planning to go Muang Xay/Muangkhua/Luangprabang.

**Note:** We are also happy to arrange a private car transfer for you if you need after ending to tour.



**Approximately: 4-5-hour trekking, drive 10 minutes, Trekking level: moderate**

- Trek starts: At 8:30 am at your guesthouse in Paknamnoi.
- Trek ends at: 1-2 pm



**What you should bring for the trek:**

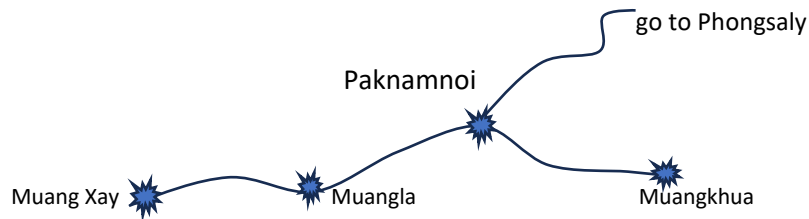
Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

Trekking price per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price per pax | 1,520,000 | 1,450,000 | 1,280,000 | 1,160,000 | 1,700,000 kip                            |

The price is included: drinking water, local food, all entry fees, Family's home stay, private transport mentioned in the program, English speaking guide.

**2-day hiking to explore Khmu, Akha Cherpia and Akha Loma Tribes Remote Villages in Muang Khua, South of Phongsaly Province. Code: M. Khua2002**



**Day 1: Paknamnoi – B. Boumphan village the place where we start hiking – B. Kokgnew-Huaylar – B. Saenkham Neua(✓/L/D).**

We meet and start our trekking tour at 7:30 am in the morning by a private Car /Tuk Tuk from Paknamnoi to Boumphan village Village. Then we will walk from Boumphan village to Kokgnew village and have lunch in this village (local food is carried by your guide), keep going to Huaylar and Saenkham Neua village, this day we will hike between 5-6-hour walk). On the trek, we will go up down and along ridge mountains and we will enjoy the views and the nature. It's good for photographers to make pictures on the trek, we will arrive B. Saenkham Neua village, we have local food with Akha family and spend overnight with them there.



**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:00 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 20 minutes for a private car transferring / 5-6-hour trekking. Trekking level: moderate**

**Day 2: Saenkham Neua village-Picher Mai (B/L/✓).**

When we get up early in the morning, we will walk around the village to see activities what local people usually do in the morning. In this time is a good chance to see them and make pictures. After having our breakfast in the morning, we continue our hiking to Picher Mai Village the place where we will catch our private car (takes between 3- and 4-hour walk), drive back Paknamnoi (drive 40-50 minutes) and have lunch there. This day you have enough time to make pictures and enjoy the amazing landscape views on your trek along the ridge of mountain, the tour ends in Paknamnoi.



**Note:** After having lunch, you can catch your public bus heading to the place where you are planning to go: Muang Khua/Muang Xay (Oudomxay)/Luangprabang.

**Approximately: 3-4-hour trekking, 1-hour private car transferring, Trekking level: moderate**

- Trek starts: At 8 am from Paknamnoi
- Trek ends: at noon in Paknamnoi

What you should bring for the trek:

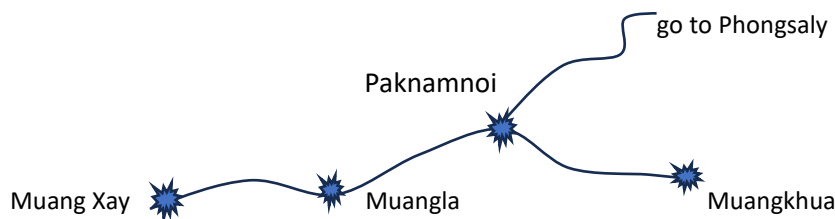
Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing

Trekking price per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price per pax | 1,520,000 | 1,450,000 | 1,280,000 | 1,160,000 | 1,700,000 Kip (Lak)                      |

The price is included: drinking water, local food, all entry fees, Family's home stay, private transport mentioned in the program, English speaking guide.

**A 3-day hiking tour to explore Akha, Khmu and Thai Dam Ethnics in Muang Khua, Northern Laos. Code: M. Khua30001**



**Day 1: Start from Paknamnoi – Ladxang - Nambone Tai village (Thai Dam ethnic) - Nambone Neua village (Khmu ethnic) (/\_L/D).**

We meet and start from Paknamnoi by a private car/Tuk Tuk to Ladxang where we start our hiking, it takes 10–15-minute drive. Then we will walk to Nambone Tai village (Thai Dam ethnic) - Nambone Neua village (Khmu ethnic) and spend overnight there. Today, we will walk up and down mountain, it takes between 4-5 hours walk and we will get there in the evening. On the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.



- Have a picnic lunch on the trek with local food that is carried by your guide
- Have dinner: have local food with local family, Homestay: Spend overnight with local family

**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day 2: Nambone Neua village (Khmu ethnic) – Lahang – Mokmang – Chala Kao (Akha Pala Tribe) (B/L/\_).**

After Exploring around the village and having breakfast in the morning, we will continue our hiking to Lahang (Khmu ethnic) – Mokmang village (Akha Pala) – Chala Kao Village the place where we are going to spend overnight. Today walk-up hill and along ridge of mountains, you can see and enjoy the beautiful landscapes and views and we will have a long walk between 5-6 hours.

- We will have lunch in Lahang village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Approximately: 5-6-hour trekking, Trekking level: moderate**

**Day 3: Chala Kao village (Akha Pala ethnic) – Sarpor village (Akha Pala) - Xanghuay (Khmu ethnic) (B/L/\_).**

After exploring the village and having breakfast in the morning, we will start our hiking to **Sarpor Village (Akha Pala), Xanghuay Village (Khmu ethnic)**, walk to the place where our private car is and take our private car back Paknamnoi. On the trek, you can see and enjoy the beautiful views and landscapes and we will walk between 4-4,5-hours. We will have lunch in Paknamnoi and end the tour there. After having lunch, you can catch up the public bus from Paknamnoi heading to place where you are planning to go Muangkhuay/Muang Xay/Luangprabang.

**Note:** We are also happy to arrange a private car transfer for you if you need after ending to tour.

**Approximately: 4-5-hour trekking, drive 10 minutes, Trekking level: moderate**



- Trek starts at: 8:30 am at your guesthouse in Paknamnoi.
- Trek ends at: 1-2 pm

**What you should bring for the trek:**

Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

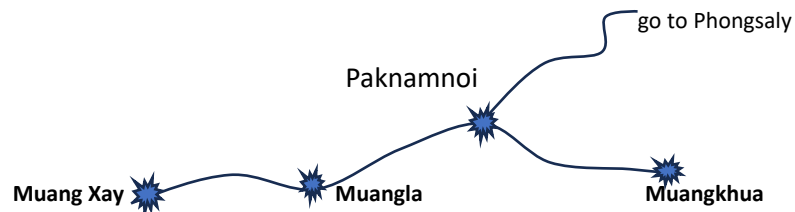
Trekking price per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price per pax | 1,990,000 | 1,770,000 | 1,680,000 | 1,410,000 | 1,700,000                                |

The price is included: drinking water, local food, all entry fees, Family's home stay, private transport mentioned in the program, English speaking guide.



**A 3-day hiking to explore Akha, Khmu and Thaidam Ethnic groups in Muang Khua, Northern Laos. Code: M. Khua30002**



**Day1: start from Paknamnoi – Dongkharm (Thai Dam and Akha ethnics) – Sanamchaeb (Akha tribe), (L/D), (walk 4-5 hours)**

We meet and start from to Paknamnoi to the place where we will start our hiking by a private car/Tuk Tuk. We will start walking from there to **Dongkharm village** (Thai Dam and Akha ethnics) and then heading **Sanamchaeb village** (Khmu ethnic) and spend overnight there. Today, we will walk between 4-5 hours and we will get there in the evening. On the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.

- Have a picnic lunch on the trek with local food that is carried by your guide
- Have dinner: have local food with local family, Homestay: Spend overnight with local family

**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day2: Sanamchaeb (Akha Pala tribe) – Chala Kao (Akha Pala tribe) – Mokmang (Akha Pala tribe) – Lahang (Khmu ethnic), (4-5 hours)**

After exploring the village and having breakfast in the morning, we will start walking from Sanamchaeb to Chala Kao, Mokmang and Lahang village (Khmu ethnic) the place where we are going to spend overnight. Today walk-up and downhill and along ridge of mountains, you can see and enjoy the beautiful landscapes and views and we will have a long walk between 5-6 hours.

- Have breakfast in Sanamchaeb village before leaving in the morning
- We will have lunch on the trek/in village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Approximately: 5-6-hour trekking, Trekking level: moderate**

**Day3: Lahang (Khmu Tribe)– Nambone (Thai Dam Tribe) – Ladxang (3-4 hours)**

After exploring the village and having breakfast in the morning, we will start hiking from Lahang to Nambone Tai Village, walk to Ladxang village where the private car is and then take our private car back Paknamnoi. On the trek, you can see and enjoy the beautiful views and landscapes and we walk up and downhill, it takes between 3-4-hour walk. We will have lunch in Paknamnoi and end the tour there. After having lunch, you can catch up the public bus from Paknamnoi heading to place where you are planning to go to Muangkhuua/Muang Xay/Luangprabang.



**Note:** We are also happy to arrange a private car transfer for you if you need after ending to tour.

**Approximately: 5-6-hour trekking, Trekking level: moderate**

- Trek starts at: 8:30 am from your guesthouse in Paknamnoi.
- Trek ends at: noon/1-2 pm

**What you should bring for the trek:**

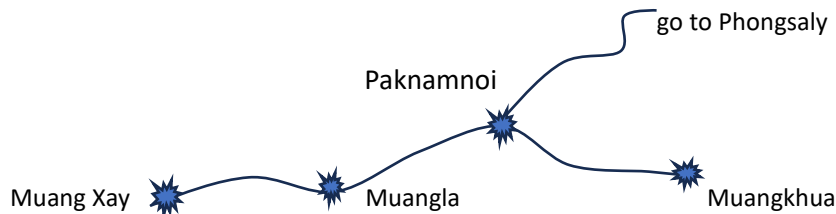
Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

Trekking price per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price per pax | 1,990,000 | 1,770,000 | 1,680,000 | 1,410,000 | 1,700.000                                |

The price is included: drinking water, local food, all entry fees, Family’s home stay, private transport mentioned in the program, English speaking guide.

**Three days trekking to explore Akha Loma, Akha Cherpia and Khmu Ethnics in remote villages, Muangkhoa, Northern Laos. Code: M. Khua30003**



**Day1: Paknamnoi-Picher Mai – Saenkhamneua (Akh Loma) (L/D)**

We meet and start from your guesthouse in Paknamnoi at 8:30 am by a private car to Picher Village (Trekking point) where we will start our hiking, it takes 40–50-minute drive. After that, we will walk along the ridge of mountain up and down to Saenkham Neua village, it takes 3–4-hour walk. On the trek, you will see the beautiful views and landscapes, high mountain rice fields and meet the local people. We will have our picnic lunch on the trek (the local food is carried by your local guide) and then we will continue our hiking to the village where we are going to spend overnight. Today, we will spend overnight with local family who are the host and offer us their local food.



**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 3-4-hour trekking. 40-50-minute by a private transfer. Trekking level: easy**

**Day2: Saenkhamneua – Huayla village (Akha Cherpia) – Kokngew village (Khmu) (B/L/D)**

After exploring the village and having breakfast in the morning, we will continue our trekking along, through and cross river many times and go up and down the mountain to Huayla Village where we are going to have lunch, it takes 3-3,5-hour walk. After having lunch, we continue our easy hiking (it's flat and cross river one time) to Kokngew village where we are going to spend overnight with local family who are the host and offer us their local food, it takes 1,5-hour walk.

**Approximately: 4-5-hour trekking. Trekking level: moderate**

**Day3: Kokngew – Bouamphan village where our private car is – Back Paknamnoi**

After exploring the village and having breakfast in the morning, we will continue our easy trekking (flat) and go up and down the mountain a bit to Bouamphan village where our private car is, it takes 3-3,5-hour walk. Then catch our private car back Paknamnoi and have lunch there, it takes 25–30-minute drive.

**Approximately: 3-3,5-hour trekking. Trekking level: easy**

- Starts at: 8:30 am from Paknamnoi
- Ends at: noon/1-2 pm in Paknamnoi

*What you should bring for the trek: good shoes/boots, long pants, long sleeves, hat, rain coat, flashlight, sun cream, mosquito spray, cloths and flip-flops for changing, towel for washing/taking shower (taking a shower in opened public), equipment.*

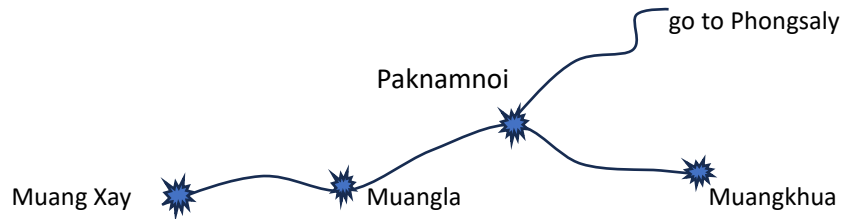
Trekking price: per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3-4       | 5-6       | 7-up      | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price pr      | 1,990,000 | 1,770,000 | 1,680,000 | 1,410,000 | 1.700.000                                |

The price is included: drinking water, local food, all entry fees, family homestay, private transport mentioned in the program, English speaking guide, government taxes

**A 4-days/3-nights hiking to visit Akha and Thai Dam ethnics in Muang Khua, Northern Laos.**

**Code: M. Khua40001**



**Day1: Paknamnoi – Boumphan – Hong Lerk (Akha Pala) (L/D), (3-4 hours walk)**

We meet and start from Paknamnoi to Boumphan where we will start our hiking by a private car/Tuk Tuk, it takes 20–25-minute drive. Then we will walk from there to Hong lerk village and spend overnight there, it takes between 3-4-hours walk and we will get there in the evening. on the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.

- We will have lunch on the trek
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 4-5-hour trekking, 20 mn private transfer Trekking level: moderate**

**Day2: Hong Lerk (Akha Pala) – Saenkham Tai (Akha Pala), (B/L/D), (walks 4-5 hours)**

After walking around the village and having breakfast in the morning, we will walk to Saenkham Tai (Akha Pala) the place where we are going to spend overnight, it takes between 4-5 hours walk.

On the hiking, you can see and enjoy the beautiful landscapes and views and we will have a long walk between 5-6 hours.

- We will have breakfast in Honglerk village
- We will have lunch on the trek (have picnic lunch)/in Saenkham Tai village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Approximately: 5-6-hour trekking, Trekking level: moderate**



**Day3: Saenkham Tai (Akha Pala) – Sanamchaeb (Akha Pala) – Chala Kao (Akha Pala), (B/L/D), (walk 5-6 hours)**

After walking around the village and having breakfast in the morning, we will walk from Saenkham Tai (Akha Pala) to Sanamchaeb village where we will have lunch and then heading Chala Kao village the place where we are going to spend overnight, it takes between 5-6 hours walk. on the hiking, you can see and enjoy the beautiful landscapes and views and we will have a long walk between 5-6 hours.

- We will have breakfast in Saenkham Tai village
- We will have lunch in Sanamchaeb village.
- Have dinner: have local food with local family and Homestay: Spend overnight with local family in Chala Kao Village.
- **Approximately: 5-6-hour trekking, Trekking level: moderate**

**Day4: Chala Kao (Akha Pala) – Nambone Tai (Thai Dam) (4-5 hours)**



After walking around the village and having breakfast in the morning, we will start our hiking to Nambone Tai Village and walk to the place where the private car is, then take our private car back Paknamnoi. On the trek, you can see and enjoy the beautiful views and landscapes and we walk up-down the mountain, it takes around 4–5-hour walk. We will have lunch in Paknamnoi and end the tour there. After having lunch, you can catch up the public bus from Paknamnoi heading to place where you are planning to go for next trip: Muangkhuwa/Muang Xay/Luangprabang.

**Note:** We are also happy to arrange a private car transfer for you if you need after ending our trek.

**Approximately: 4-5-hour trekking, drive 10 minutes, Trekking level: moderate**



- Trek starts at: 8:30 am from your guesthouse in Paknamnoi
- Trek ends at: Noon/1-2 pm

**What you should bring for the trek:**

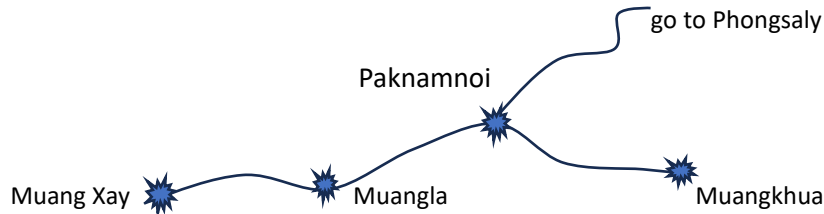
Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

Trekking price per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price per pax | 3,530,000 | 3,340,000 | 3,130,000 | 2,840,000 | 1,700,000                                |

The price is included: drinking water, local food, all entry fees, Family’s home stay, private transport mentioned in the program, English speaking guide/local guide

**4 days/3 nights hiking to Akha Pala, Akha Loma and Khmu ethnic groups in Muang Khua, Northern Laos. Code: M. Khua40002**



**Day1: Paknamnoi – Namly – Mokok Noy (Akha Loma) – Mokok Luang (Akha Loma), (walk 4-5 hours), (L/D)**

We meet and start from Paknamnoi to the trekking point where we will start our hiking by our private car, it takes 1 hour drive. Then we will start our walking from Namly village to Mokok Noy (Akha Loma) – Mokok Luang (Akha Loma) villages where we will spend overnight there. Today, we will walk between 4-5 hours and we will get there in the evening. On the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.

- We will have lunch on the trek/Mokok Noy village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Mokok Luang village.

**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....



**Approximately: 4-5-hour trekking, drive 1-hour, Trekking level: moderate**

**Day2: Mokok Luang (Akha Loma) – E-lack (Akha Loma) – Ahxer (Akha Loma), (walk 4-5 hours), (B/L/D)**

After walking around the village and having breakfast in the morning, we will walk from Mokok Luang to E-Lack – Ahxer the place where we are going to spend overnight, it takes between 4-5 hours walk. on the hiking, you can see and enjoy the beautiful landscapes and views that you can enjoy your hiking.

- We will have breakfast in Mokok Luang village.
- We will have lunch on the trek (have picnic lunch)/in Ahxer village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Ahxer village.

**Approximately: 4-5-hour trekking, Trekking level: moderate**



**Day3: Ahxer village (Akha Loma) – Mokpa village (Khmu ethnic) – Saenluang village (Akha Pala) – Sanamchaeb village (Akha Pala) – Chala Mai village (Akha Pala) – Chala Kao (Akha Pala) (B/L/D)**



After walking around the village and having breakfast in the morning, we will walk from Ahxer to Mokpa (Khmu ethnic) – Saenluang (Akha Pala) – Sanamchaeb (Akha Pala) – Chala Mai (Akha Pala) – Chala Kao (Akha Pala) the place where we are going to spend overnight, it takes between 5-6 hours walk. On the hiking, you can see and enjoy the beautiful landscapes and views that you can enjoy your hiking.

- We will have breakfast in Ahxer village before leaving
- We will have lunch on the trek (have picnic lunch)/in village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Chala Kao village.

**Approximately: 5-6-hour trekking, Trekking level: moderate**



**Day4: Chala Kao (Akha Pala) – Sapor (Akha Pala) – Xanghuay (Khmu ethnic) – Paknamnoi, (walk 3-4 hours), (B/L/\_)**



After walking around the village and having breakfast in the morning, we will walk from Chala Kao (Akha Pala) to **Sapor village (Akha Pala) and Xanghuay village (Khmu ethnic)**, we will walk between 3-4 hours to the place where we are going to catch up our private car back Paknamnoi and have lunch there. Our tour will be ended in Paknamnoi there. After having lunch, you can take the public bus heading to the place where you are planning to go for your next trip: Muangkhuua/Muang Xay/Luangprabang.....

- We will have breakfast in Ahxer village before leaving
- We will have lunch in Paknamnoi and end the tour there.

**Note:** We are also happy to arrange a private car transfer for you if you need after ending our tour.

**Approximately: 3-4-hour trekking, 10 mn private car transfer, Trekking level: moderate**

- Trek starts at: 8:30 am from your guesthouse in Paknamnoi.
- Trek ends at: noon/1-2 pm

**What you should bring for the trek:**

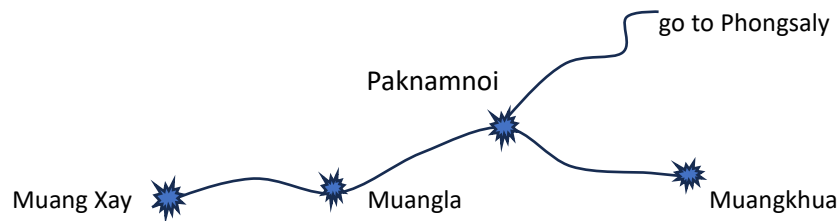
Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

Trekking price per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price per pax | 3,530,000 | 3,340,000 | 3,130,000 | 2,840,000 | 1,700,000                                |

The price is included: drinking water, local food, all entry fees, Family's home stay, private transport mentioned in the program, English speaking guide/local guide

## A 4-day hiking to explore Akha and Khmu ethnic groups in Muang Khua. Code: M. Khua40003



### Day1: Paknamnoi – Picher Mai – Picher Kao – Honglerk , (/\_/L/D), (walk 3-4 hours)

We meet and start from Paknamnoi to **Picher Mai** where we start our hiking by private car, it takes 45 minutes – 1 hour. Then we will walk from there to **Picher Kao and Honglerk villages** where we are going to spend overnight. Today, we will walk between 3-4-hours and we will get there in the evening. On the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.

- We will have lunch in on the trek/in village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in **Honglerk village**

**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 3-4-hour trekking, 1 hour car transfer, Trekking level: moderate**

### Day2: Honglerk – Saenkham Tai (4-5 hours)

After walking around the village and having breakfast in the morning, we will walk from Honglerk village to Saenkham Tai village (Akha Pala) the place where we are going to spend overnight, it takes between 4-5 hours walk. On the hiking, we will walk up and down the mountains and you also can see and enjoy the beautiful landscapes and views.

- We will have breakfast in Honglerk village.
- We will have lunch on the trek (have picnic lunch)/in Saenkham Tai village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day3: Saenkham Tai – Sanamchaeb – Chala Kao, (B/L/D), (walk 5-6 hours)**

After walking around the village and having breakfast in the morning, we will walk from Saenkham Tai (Akha Pala) to **Sanamchaeb village** – Chala Kao (Akha Pala) the place where we are going to spend overnight, it takes between 5-6 hours walk. On the hiking, you can see and enjoy the beautiful landscapes and views along ridge of mountains.

- We will have breakfast in Saenkham Tai village.
- We will have lunch on the trek (have picnic lunch)/in **Sanamchaeb village**.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Chala Kao village.

**Approximately: 5-6-hour trekking, Trekking level: moderate**

**Day4: Chala Kao – Sapor – Huayxang – Paknamnoi (B/L/\_)**



After walking around the village and having breakfast in the morning, we will walk from **Chala Kao village (Akha Pala)** to Huayxang village the place where we will catch our private car back Paknamnoi, have lunch and end the tour there, it takes between 4-5-hours walk. On the hiking, you can see and enjoy the beautiful landscapes and views along ridge of mountains and meet locals.

- We will have breakfast in **Chala Kao village**
- We will have lunch in Paknamnoi and end the tour there.

**Note:** We are also happy to arrange a private car transfer for you if you need after ending the tour.

**Approximately: 4-5-hour trekking, 10 mn car transfer, Trekking level: moderate**

- Trek starts at: 8:30 am at your guesthouse in Paknamnoi.
- Trek ends at: noon/1-2 pm

**What you should bring for the trek:**

Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

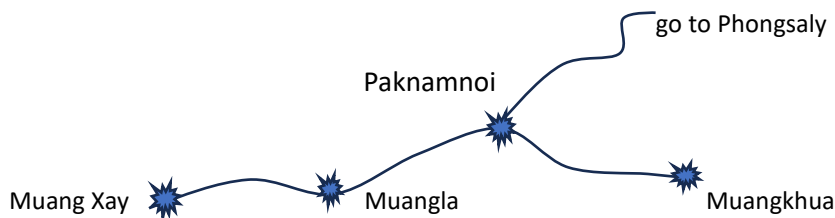
Trekking price per person in Lao kip. Updated in 2022

|               |           |           |           |           |  |
|---------------|-----------|-----------|-----------|-----------|--|
| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
| Price per pax | 3,530,000 | 3,340,000 | 3,130,000 | 2,840,000 | 1,700,000                                |

The price is included: drinking water, local food, all entry fees, Family’s home stay, private transport mentioned in the program, English speaking guide/local guide

**A 4 days trekking to explore Akha Loma, Akha Cherpia and Khmu Ethnics in remote villages.**

**Code: M. Khua40004**



**Day1: Paknamnoi-Picher Mai – Saenkhamneua (Akh Loma) (\_/L/D)**

We meet and start from your guesthouse in Paknamnoi at 8:30 am by a private car to Picher Village (Trekking point) where we will start our hiking, it takes 40–50-minute drive. After that, we will walk along the ridge of mountain up and down to Saenkham Neua village, it takes 3–4-hour walk. On the trek, you will see the beautiful views and landscapes, high mountain rice fields and meet the local people. We will have our picnic lunch on the trek (the local food is carried by your local guide) and then we will continue our hiking to the village where we are going to spend overnight. Today, we will spend overnight with local family who are the host and offer us their local food.



**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

***Approximately: 3-4-hour trekking. 40-50-minute by a private transfer. Trekking level: easy***

**Day2: Saenkhamneua – Huayla village (Akha Cherpia) – Kokngew village (Khmu) (B/L/D)**

After exploring the village and having breakfast in the morning, we will continue our trekking along, through and cross river many times and go up and down the mountain to Huayla Village where we are going to have lunch, it takes 3-3,5-hour walk. After having lunch, we continue our easy hiking (it's flat and cross river one time) to Kokngew village where we are going to spend overnight with local family who are the host and offer us their local food, it takes 1,5-hour walk.

***Approximately: 4-5-hour trekking. Trekking level: moderate***

**Day3: Kokngew – Phousethy (Akha Cherpia tribe) - Namma Neua (Thaidam tribe) (B/L/D)**

After exploring the village and having breakfast in the morning, we will continue our trekking through the bushes, go up to Phousethy village (Akha Tribe) where are going to have lunch, and then we will walk down to Namma Neua Village where we are going to spend the night with local family who are the host and offer us their local food (we will walk between 4,5-5 hours). On the trek, you can see and meet local

people what they do during the day and learn their culture, rice and rubber tree fields, beautiful views and landscapes.

**Approximately: 4-5-hour trekking. Trekking level: moderate**

**Day4: Namma Neua village – Namma Tai village (Thaidam Tribe)– back Paknamnoi**

After exploring the village and having breakfast in the morning, we will continue our trekking to Namma Tai Village (Thaidam Tribe) where we can see local weaving and heading back to the main road where our private car is, it takes 2,5-3-hour walk and then take our private back Paknamnoi where we are going to have lunch.

- Starts at: 8:30 am from Paknamnoi
- Ends at: noon/1 pm in Paknamnoi

*What you should bring for the trek: good shoes/boots, long pants, long sleeves, hat, rain coat, flashlight, sun cream, mosquito spray, cloths and flip-flops for changing, towel for washing/taking shower (taking a shower in opened public), equipment.*

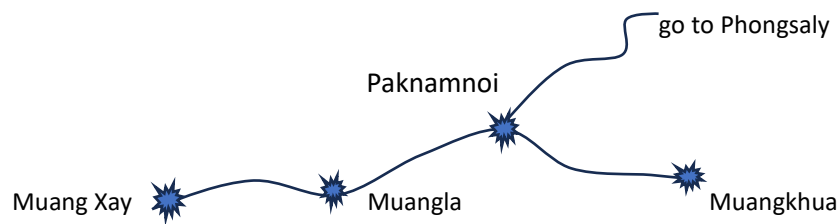
Trekking price: per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3-4       | 5-6       | 7-up      | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price pr      | 3.530.000 | 3.340.000 | 3.130.000 | 2.840.000 | 1.700.000                                |

The price is included: drinking water, local food, all entry fees, family homestay, private transport mentioned in the program, English speaking guide, government taxes

## A 5 day-4-night hiking to explore Akha, Khmu and Thai dam Ethnic groups in Muang Khua.

Code: M. Khua50001



### Day1: Paknamnoi – Boumphan – Hong Lerk (Akha Pala) (L/D), (3-4 hours walk)

Drive from your guesthouse in Muang Xay/Muang Khua (depends where you are) at 8:30 am to Paknamnoi and drive to Boumphan where we start our hiking. Then we will walk from there to Hong lerk village and spend overnight there. Today, we will walk to get that village between 3-4-hours walk and we will get there in the evening. on the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.

- We will have lunch in Lahang village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....

**Approximately: 4-5-hour trekking, 20-30 mn car transfer, Trekking level: moderate**

### Day2: Hong Lerk (Akha Pala) – Saenkham Tai (Akha Pala), (B/L/D), (walks 4-5 hours)

After walking around the village and having breakfast in the morning, we will walk from **Hong Lerk (Akha Pala)** to Saenkham Tai (Akha Pala) the place where we are going to spend overnight, it takes between 4-5 hours walk. on the hiking, you can see and enjoy the beautiful landscapes and views and we will have a long walk between 5-6 hours.

- We will have breakfast in Hong lerk village.
- We will have lunch on the trek (have picnic lunch)/in Saenkham Tai village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day3: Saenkham Tai (Akha Pala) – Dongkharm (Akha Pala) – Chala Kao (Akha Pala), (walks 5-6 hours), (B/L/D)**

After walking around the village and having breakfast in the morning, we will walk from Saenkham Tai (Akha Pala) to Dongkharm village – Chala Kao (Akha Pala) the place where we are going to spend overnight, it takes between 5-6 hours walk. On the hiking, you can see and enjoy the beautiful landscapes and views and meet locals.

- We will have breakfast in Saenkham Tai village.
- We will have lunch on the trek (have picnic lunch)/in Dongkharm village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Chala Kao village.

**Approximately: 5-6-hour trekking, Trekking level: moderate**



**Day4: Chala Kao (Akha Pala ethnic) – Chala Mai (Akha Pala ethnic)– Tangkra (Khmu ethnic), (walk 4-5 hours), (B/L/D)**

After walking around the village and having breakfast in the morning, we will walk from Chala Kao village to Chala Mai and Tangkra villages the place where we are going to spend overnight, it takes between 4-5 hours walk. On the hiking, you can see and enjoy the beautiful landscapes and views, walk along ridge of mountainsn, meet locals and it's suitable for a person who is photographer.

- We will have breakfast in Chala Kao village.
- We will have lunch on the trek (have picnic lunch)/in **Chala Mai/ Tangkra** village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Chala Kao village in Tangkra village.

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day5: Tangkra (Khmu ethnic) – Lahang Yai (Khmu ethnic) – Nambone Tai (Thai dam Ethnic), (walk 5-6 hours), (B/L/\_)**

After exploring the village and having breakfast in the morning, we will walk from Tangkra Village to Lahang Yai village (Khmu ethnic) – Nambone Tai village (Thai dam Ethnic) the place where we are going to spend overnight, it takes between 5 and 6 hours walk. On the hiking, you can see and enjoy the beautiful landscapes and views, walk along the ridge of mountainsn and it's suitable for a person who is photographer. Today, we will have lunch on the trek (have picnic lunch)/in **Lahang Yai / Nambone Tai** village and then walk to the place where our private car is and then take a private car to Paknamnoi and end the tour there.

- We will have breakfast in **Tangkra** village.
- We will have lunch on the trek (have picnic lunch)/in **Lahang Yai / Nambone Tai** village.

**Note:** We are also happy to arrange a private car transfer for you if you need after ending the tour.

**Approximately: 5-6-hour trekking, 10 mn car transfer, Trekking level: moderate**





- Trek starts at 8:30am from your guesthouse in Paknamnoi.
- Trek ends at 1-2 pm in Paknamnoi.

**What you should bring for the trek:**

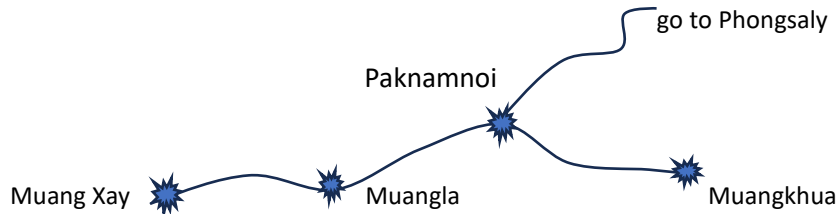
Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

Trekking price per person in Lao kip. Updated in 2022

| Number of pax | 2         | 3 - 4     | 5 - 6     | 7 - 10 up | Extra charge for a private car per group |
|---------------|-----------|-----------|-----------|-----------|--|
| Price per pax | 3,930,000 | 3,750,000 | 3,530,000 | 3,360,000 |  |

The price is included: drinking water, local food, all entry fees, Family's home stay, private transport mentioned in the program, English speaking guide.

**6 days and 5 nights hiking to explore Akha, Khmu and Thai dam Ethnic Groups in Muang Khua, Northern Laos. Code: M. Khua60001**



**Day1: Paknamnoi – Boumphan – Hong Lerk (Akha Pala) (L/D), (3-4 hours walk)**

We meet and start from Paknamnoi to Boumphan where we will start our hiking by a private car/Tuk Tuk, it takes between 20-30 minutes. Then we will walk from there to Hong Lerk village where we are going to spend overnight there. Today, we will walk to that village between 3-4-hours and we will get there in the evening. On the hike, you will see amazing views of mountains and landscapes and meet locals to see about their living life in remote area.

- We will have lunch on the trek.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Note:** We are very happy to arrange a private car for you if you start from Muang Khua/Muang Xay where you are:

- If you are staying in Muang khua, pick you up from your guesthouse to Paknamnoi at 7:30 am by a private car transfer to Paknamnoi, it takes between 1 hour. The price of private car transfer per group is.....
- If you are staying in Muang Xai/Muang Xay, pick you up from your guesthouse in Muang Xay to Paknamnoi at: 7: 30 am by private car, it takes between 1,5-2 hours. The price of private car transfer per group is.....



**Approximately: 4-5-hour trekking, 20-30 mn car transfer, Trekking level: moderate**

**Day2: Hong Lerk (Akha Pala) – Saenkham Tai (Akha Pala), (B/L/D), (walks 4-5 hours)**

After exploring the village and having breakfast in the morning, we will walk from Honglerk village to Saenkham Tai (Akha Pala) where we are going to spend overnight, it takes between 4-5 hours walk. On the hiking, you can see and enjoy the beautiful landscapes and views and meet locals.

- We will have breakfast in Hong lerk village.
- We will have lunch on the trek (have picnic lunch)/in Saenkham Tai village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family.

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day3: Saenkham Tai (Akha Pala) – Dongkharm (Akha Pala) – Chala Kao (Akha Pala), (walks 5-6 hours), (B/L/D)**

After exploring the village and having breakfast in the morning, we will walk from Saenkham Tai (Akha Pala) to Dongkharm village – Chala Kao (Akha Pala) the place where we are going to spend overnight, it takes between 5-6 hours walk. On the hiking, you can see locals and enjoy the beautiful landscapes and views.

- We will have breakfast in Saenkham Tai village.
- We will have lunch on the trek (have picnic lunch)/in Dongkharm village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Chala Kao village.

**Approximately: 5-6-hour trekking, Trekking level: moderate**



**Day4: Chala Kao village (Akha Pala ethnic) – Chala Mai village (Akha Pala ethnic)– Tangkra village (Khmú ethnic), (walk 4-5 hours), (B/L/D)**

After exploring the village and having breakfast in the morning, we will walk from Chala Kao to Chala Mai and Tangkra the place where we are going to spend overnight, it takes between 4-5 hours walk. On the hiking, you can see locals and enjoy the beautiful landscapes and views, walk along ridge of mountain and it's suitable for a person who is photographer.

- We will have breakfast in Chala Kao village.
- We will have lunch on the trek (have picnic lunch)/in **Chala Mai/ Tangkra** village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Chala Kao village in Tangkra village.

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day5: Tangkra village (Khmu ethnic) – Lahang Yai village (Khmu ethnic) – Nambone Neua village (Khmu ethnic), (walk 4-5- hours), (B/L/D)**

After walking around the village and having breakfast in the morning, we will walk from Tangkra to Lahang Yai (Khmu ethnic) – **Nambone Neua (Khmu ethnic)** the place where we are going to spend overnight, it takes between 4 and 5 hours walk. On the hiking, you can see locals and enjoy the beautiful landscapes and views, walk along the ridge of mountain and it’s suitable for a person who is photographer.

- We will have breakfast in **Tangkra** village
- We will have lunch on the trek (have picnic lunch)/in **Lahang Yai / Nambone Neua** village.
- Have dinner: have local food with local family, Homestay: Spend overnight with local family in Nambone Neua village.

**Approximately: 4-5-hour trekking, Trekking level: moderate**

**Day6: Nambone Neua (Khmu ethnic) – Nambone Tai (Thai dam Ethnic), (walk 3-4- hours), (B/L/\_)**

After walking around the village and having breakfast in the morning, we will walk from **Nambone Neua (Khmu ethnic)** to **Nambone Tai and Ladxang** the place where we are going to catch up our private car back Paknamnoi, it takes between 3 and 4 hours walk. On the hiking, you can meet locals and enjoy the beautiful landscapes and views, walk along ridge of mountains and it’s suitable for a person who is photographer. Today we will have lunch in Paknamnoi and end the tour there. After having lunch, you can catch up the public bus heading to: Muangkhuua/Muang Xay/luangprabang.

- We will have breakfast in **Nambone Neua** village
- We will have lunch in Paknamnoi and end the tour there.

**Approximately: 3-4-hour trekking, 10-15 mn car transfer, Trekking level: moderate**

**Note:** We are also happy to arrange a private car transfer for you if you need after ending the tour.

- Trek starts: At 8:30 am at your guesthouse in town.
- Trek ends: at 1 pm/4:00 pm at your guesthouse in town.

**What you should bring for the trek:**

Good shoes for trekking, long pants, hat, raincoat (rainy season), mosquito spray, warm jackets, shorts, T-shirt for changing, toilet papers, spare some medicines, headlight/torch

Trekking price per person in Lao kip. Updated in 2022

|               |   |       |       |           |  |
|---------------|---|-------|-------|-----------|--|
| Number of pax | 2 | 3 - 4 | 5 - 6 | 7 - 10 up | Extra charge for a private car per group |
| Price per pax |   |       |       |           |  |

The price is included: drinking water, local food, all entry fees, Family’s home stay, private transport mentioned in the program, English speaking guide/local guide